

# Synthesis San Francisco

Psychosynthesis for Professional & Personal Growth



*“Study and Teach with Joy.”*

~ Roberto Assagioli

*Information Guide:*

## **Psychosynthesis Coach Training in San Francisco**

in collaboration with The Synthesis Center, Amherst, Massachusetts

**April 2017 - March 2018**



***A Nationally Certified  
Psychosynthesis Coach Training Program***

*in collaboration with The Synthesis Center, Amherst, Massachusetts*

**Become a Board  
Certified Coach**



**cce**

CENTER FOR  
CREDENTIALING  
& EDUCATION.



Board Certified  
**COACH™**

<http://synthesiscentersf.com>

info@synthesiscentersf.com

(415) 999-9643

## **WELCOME TO SYNTHESIS SAN FRANCISCO!**

Some of us are born here, many come from away to what D.Coolbrith called: the “city of mists and dreams!”

We live, work and play in our 7x7 metropolis and the Bay Area, surrounded by nature: ocean, redwoods, hills and mountains. Much like those who dreamed of riches in the Gold Rush of 1849, the vision of love and community, music and peace of the 1960's, San Francisco now calls to a new generation of seekers in the startup culture of the Bay Area.

Here are some of the world's most innovative, creative and visionary talent. And, while there is the ambition and drive to perform and produce, there is also a yearning to create a life informed by values and purpose. There is the desire to live and work in a supportive, conscious community and a hunger to make meaning in life and work: this is the “Call of Self”. Psychosynthesis offers a model and practices for the realization of this “Call”.

Synthesis San Francisco is collaborating with The Synthesis Center to train, nurture and guide a new generation of Psychosynthesis Coaches and practitioners and to promote and contribute to the expansion of psychosynthesis' reach in the Bay Area, regionally, nationally and globally through Psychosynthesis Coaching programs. During these times of change and transition, this program offers you an opportunity to take action toward answering your inner call and supporting others in the journey to your own unique life of purpose, values and meaning.

We invite you to contact us and begin the conversation...we are here to answer your questions and guide you in a powerful experience of learning, collaboration, community and contribution.

*Susan Jewkes Allen*  
Founder Synthesis San Francisco



The Call of Self, a phrase coined in psychosynthesis long ago, is the center point of work. It is the assumption that each individual has the capacity to tune in, deeply, to a sense of life purpose. Individuals enter coaching in response to this very call of self, as they hear a need to grow, reorient, expand, heal or even reinvent their lives.

~ Dr Didi Firman,  
Founder of  
*The Synthesis Center*



I love teaching Psycho-synthesis & appreciate it as a personal practice in my everyday life supporting a lived experience of purpose & direction - it is like a “yoga for your personality.” If you take the premise of yoga - the union of body spirit & mind - add the synthesis & integration of our personality, well that pretty much sums up psychosynthesis.

~ Jon Schottland,  
Senior Trainer,  
*The Synthesis Center*



Psychosynthesis offers the tools to silence the “noise” of our inner and outer world and to hear our own true voice: the “Call of Self”.

Psychosynthesis coaching supports the manifestation of purpose, meaning and values into actionable goals allowing us to dance our life to the song of our soul.

~ Susan Jewkes Allen  
Founder,  
*Synthesis San Francisco*

## What is Psychosynthesis?

Psychosynthesis had its beginnings in 1910, as an approach to psychology that maps and guides the development of human potential. Founded by the Italian psychiatrist, Dr. Roberto Assagioli, psychosynthesis is a theory, a process and a practice of living in the awareness of purpose and its manifestation through action.

Assagioli, though one of the pioneers of psychoanalysis in Italy, maintained that Freud had not given sufficient weight to the “higher” aspects of the human personality, and recognized a need for a more inclusive concept of humanity. From this beginning, Assagioli and an increasing number of psychotherapists, educators physicians, social workers, clergy and others have worked to develop and refine this inclusive view of human growth.

## An inclusive approach to human growth.



In its most basic sense, psychosynthesis is simply a name for the process of personal growth: the natural tendency in each of us to harmonize or synthesize our various aspects at ever more inclusive levels of organization.

In its more specific sense psychosynthesis is a name for the conscious attempt to cooperate with the natural process of personal development.

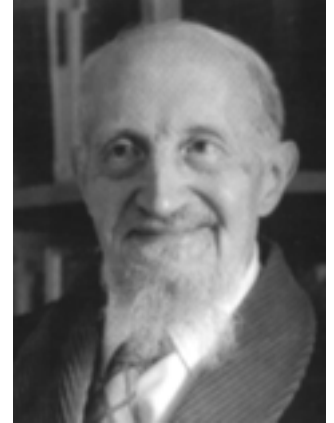
Psychosynthesis recognizes that we have a transpersonal essence, and at the same time holds that the individual's purpose in life is to manifest this essence, or Self, as fully as possible in the world of everyday personal and social existence.

## A Synthesis of Many Traditions

Psychosynthesis is a comprehensive psychological and educational approach to the development of the whole person that draws from many traditions. While Eastern disciplines often have tended to emphasize the spiritual side of being. Western approaches usually have focused on the personality level. But humanity must be viewed as a whole and each aspect accorded its due importance.

## Psychosynthesis Coaching

Our Psychosynthesis Coach Training draws on the rich theory and tradition of psychosynthesis from its early inception through present theory and practice. It also draws on allied transpersonal approaches and supportive traditional views to enhance its comprehensive nature. The theory and practice of psychosynthesis can be applied to all forms of the helping professions, personal growth, business and educational settings and more.



*“In times of silence... we can sense a “still, small voice” within that urges us in a certain direction, a voice which we recognize as coming from the most central part of our being, from our true self .*

*We must learn to recognize this voice of the Will - as this is the way that enables us to “Become that which thou art”.*

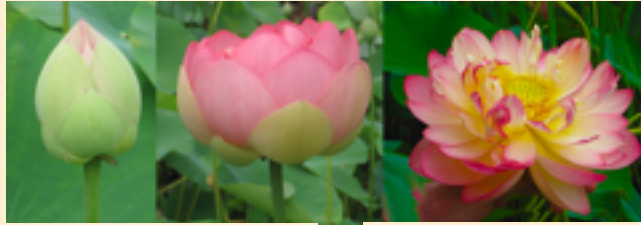
*This wise voice will work from within, following the prompt of inner knowledge in choosing a course of outward action.”*

*~ Dr. Roberto Assagioli*



# Psychosynthesis Coaching Applications

## Life Coaching



"The fields of psychotherapy and mental health counseling, in the US, are tied into insurance companies, academic based licensure, a strong bias towards pharmaceutical intervention as a first round of defense, and the general pathology based medical model that is the standard in the United States.

These tendencies do not fully resonate with Psychosynthesis, Positive Psychology, the Theory of Resilience or the Contemplative Psychology that are emerging in the field.

The field of Coaching allows a goodness of fit that may not be available in other professional orientations in the US. It also allows well trained psychosynthesis practitioners and certified coaches to be primarily affiliated with psychosynthesis as a methodology at practice while orienting their work towards a variety of specialty areas."

~ Dr. Dorothy Firman, Founder of The Synthesis Center and its Training Programs, [synthesiscenter.org](http://synthesiscenter.org)

"The emerging profession of life coaching seems destined to play a significant role in the future, providing support for relatively healthy people to realize their full potentials. It is a discipline that assigns a central role to the will, drawing on both personal and spiritual levels of this core psychological function.

In contrast to psychotherapy, coaching assumes that clients have sufficient emotional integration to function in self-responsibility; at least as an ideal, and that they can use their will with some degree of effectiveness. This would imply basic levels of good will and skillful will, in psychosynthesis terminology.

In this context, Assagioli's profound insights into the nature and functioning of the will, so far ahead of their time, will like find a receptive audience."

~ Martha Crampton, Ph.D.

## Leadership & Organizational Development



"We're in a transitional period in history. We have the technology to solve so many basic human problems, but political and economic divisions in humanity prevent the solutions being implemented. From a humanistic and transpersonal perspective, many of our resources and technological advances are currently being misused.

We must look forward to the time when human ingenuity is focused in meeting real human needs and in promoting health, well-being, and life itself...the growth toward the highest levels of human and spiritual potential for everyone. Personal and transpersonal managerial psychosynthesis can play major role in the future of managerial and organizational development. Utilizing these concepts and language in the typical organization may not be easy, since few managers and fewer organizations may be ready for this...as we move into the future there will be a great need for this in organizations. The future is what we make it." ~ John W. Cullen, Ph.D.

# Psychosynthesis Coaching Applications

## Psychosynthesis Coaching for Yoga Teachers



*"The vocation of the Yoga Teacher is completely unique. A Yoga Teacher is first and foremost, a yoga practitioner – someone who consciously engages in their own process integration, synthesis and wholeness. As an educator, the yoga teacher artfully designs their classes to “draw out” the best in our students. As leaders, they empower their students in expressing the values of Yoga in their daily lives. As guides, they have the privilege of companionship as they discern and unfold their own dharma. As a contemplative psychology and educational framework, the **Psychosynthesis Coach Training** provides Yoga Teachers with an invaluable opportunity to engage in their own personal and spiritual development, as well as learning the art of coaching to serve the Higher Self of their students. No matter what form or school of Yoga you practice or teach, this Psychosynthesis training will enrich and enhance what you already know, while simultaneously expanding into “what you may be” as a Yoga Teacher."*

~ Alan Haras, Synthesis Center SF Faculty and founder of Hamsa Yoga Center  
<http://www.hamsayogacenter.com/>

## Psychosynthesis Coaching for Youth Workers, Teachers and School Counselors



*"Psychosynthesis is such a great model and approach for anyone working with teenagers. It responds to the essential questions they are holding at this stage in their life, questions of identity and belonging. They are asking “Who am I?”, and they are searching for meaningful ways to connect with themselves and others. Teens are starting to search for a sense of purpose as well as values that really resonate and reflect who they are becoming. In a word, they are at the beginning stages of developing a self and exploring how to express that self in the world. All of these themes and concerns are addressed in psychosynthesis, and indeed, represent the very heart and soul of this work."*

~ Jon Schottland, MA, BCC - Licensed School Counselor and Core Faculty Synthesis SF

# Psychosynthesis Coaching Applications

## Psychosynthesis for Integrative Health: Medicine, Nursing, Healing



"With the scientific validation of meditation, imagery and spirituality as approaches to help patients, the time is right for a new role in healthcare: "a specialist who understands the human resources that are being tapped by these practices...we have referred to these resources as "transpersonal," and we recommend that a professional with such knowledge—a psychosynthesis-trained health professional—should be available in every unit of a hospital, in every business wellness service, in every clinic, school, house of worship, and in the private practices of various specialties. There are many health professionals who are drawn to meditation, spirituality, holistic and integrative medicine, visualization, energy practices, religious and mystical study who could train in psychosynthesis and fill this role. They would be serving a double purpose—to help patients and perhaps to help their fellow professionals." ~ *Psychosynthesis and the reduction of suffering in medical patients* by Richard Schaub, PhD, and Bonney Gulino Schaub, RN, MS, PMHCNS-BC, NC-BC  
<https://www.integrativepractitioner.com/>

## Psychosynthesis Coaching, Social Justice & Consciousness-in-Action

"Critical consciousness is not, in and of itself, liberating; without action it can lead us to cynicism. It is consciousness-in-action, nurtured by vision and a sense of hope, that leads us to liberation and transformation." ~ Dr. Quiñones-Rosado



"It is important to our own personal development and the development of human consciousness that we learn, with precision, how, where, and when oppression operates within us and how, where, and when oppression operates through us. Our ability to perceive, recognize, understand and respond regarding social group identity and social group identity development—in the context of oppression—will facilitate our movement through the stages of social identity development and, in the process, "up" the levels of human consciousness. By addressing oppression in a manner which seeks to acknowledge, understand, transform and transcend it, I believe we would extend an integral liberatory transformative bridge from green and 1st Tier consciousness to teal and beyond into 2nd Tier consciousness — for the benefit of all beings."

~ Dr. Quiñones-Rosado holds a PhD in Psychology, specializing in integral and liberation psychologies; San Francisco SF Faculty, <http://consciousness-in-action.com/>

## Synthesis San Francisco: Psychosynthesis Coach Training

The **Synthesis San Francisco** Psychosynthesis Coach Training program is offered in San Francisco in collaboration with **The Synthesis Center, Amherst, Massachusetts** - founded in 1976, as a non-profit education organization committed to supporting the conscious evolution of individuals and society as a whole, through the teaching and practice of psychosynthesis.

Under the direction of The Synthesis Center founder, Dr. Dorothy (Didl) Firman, BCC, Ed.D, LMHC, experiential learning takes place in group, and individual, in-person and remote format. Designed in 3-parts taking place over 12-months, with a total of 150 hours of training, you will be supported in developing your own unique "voice" as a professional". The training focus is on the: **Theory, Application & Practice** of coaching skills, within the framework of psychosynthesis maps, models and techniques.

### Part 1

April 2017 - June 2017

Psychosynthesis & Coaching:  
**Theory**

**Part 1:** An intensive 8 week introduction to the theory, models, maps and techniques of psychosynthesis. We will gather as a cohort for three in-person weekends, engage in experiential learning with opportunity for personal/professional insight and deeper sense of purpose in your work and life. Between group weekends, you will practice with a co-coach to apply theory. You will engage in reading and writing assignments and have the opportunity to participate in live and on-demand teleconferences, as well as receive individual support. This foundation is designed to offer you a rich learning experience as you build coaching skills.

**Part 1 provides 60 training hours toward BCC credential.**

### Part 2

August 2017 - November 2017

Psychosynthesis & Coaching:  
**Application**

**Part 2:** Application of psychosynthesis theory is the focus of this 3.5 month intensive, as we develop and practice coaching skills. Coach training includes theory and practice utilizing coaching models including: *Transpersonal Themes in Coaching; Dimensions of Growth and the Path of Self Realization; Building A Coach Identity*, and applications for a variety of practice settings: *Life Coaching, Career Coaching, Group Coaching, Creativity Coaching, Coaching for Yoga Practitioners and Teachers, Coaching in Education, Coaching for Social Action & Social Justice*. There will be 3 in-person weekends with continued co-coaching, on-line and in-person support.

**Part 2 provides 60 training hours toward BCC credential.**

### Part 3

November 2017 - March 2018

Psychosynthesis & Coaching:  
**Practice**

**Part 3:** Practice in the tools and techniques of Psychosynthesis Theory in your chosen coaching application area within a 4 month peer supported and trainer guided learning and experience cycle. Participants will complete and present a final project in a subject area related to coaching, psychosynthesis theory, applications and/or practice, of your own choosing. Coaching practice will lead to the acquisition of coaching hours toward the BCC credential. We will also engage in review and preparation for the BCC exam and explore *Building Your Coach Identity & Practice*.

**Part 3 provides 30 coaching/training hours toward BCC credential.**

## Synthesis San Francisco: Core Training Faculty



**DR. DIDI FIRMAN, Ed. D, LMHC, BCC**

Didi is the founder of the Synthesis Center and the director of its training programs. She is a professor of psychology, an author of numerous books, and writes a column at Psychology Today. Didi is an internationally recognized speaker and trainer in Psychosynthesis. Her work in coaching is primarily as a trainer, though she maintains a small coaching practice.  
<http://dorothyfirman.com/>



**JON SCHOTTLAND, MA, BCC**

Jon is the Senior Trainer at the Synthesis Center and works as a therapist, workshop leader, mediator, adjunct at Sofia University and nationally certified life coach. With a healthy dose of humor, playfulness, creativity and passion, Jon offers a very personal and experiential approach to his workshops to open up new avenues for self-exploration and discovery!  
<http://synthesiscenter.org>



**SUSAN JEWKES ALLEN, MSW, GCDF**

As the founder of SynthesisSF, Susan is now “*dancing with the Call*”. She specializes in coaching clients in career lifework transition in her private practice: Life+Work.  
<http://LifePlusWork.com>



**ALAN C. HARAS, MA**

Alan is a Psychosynthesis coach, spiritual director, retreat guide and Dharma Yoga teacher. He is the founder and director of *The Cardoner Institute for Contemplative Leadership* and the owner of *Hamsa Yoga Center* in Lake Orion, Michigan.  
<http://alanharas.com>



**RAÚL QUIÑONES-ROSADO, PH.D.**

Grounded in 3+ decades of social justice education, antiracism organizing and integral transformative practice, Dr. Raúl Quiñones-Rosado works one-on-one with individuals & groups who seek to align their critical analysis, social justice values and principled work with their unique passions, talents and deeply-felt life purpose.  
<http://www.raulquinones.com/>

See our website for information about additional Visiting & Guest Faculty, as well as specialized, optional sessions, include: *Expressive & Movement Arts; Somatic Experience; Working w/ Intuition & Imagination Eco-psychology.*

<b>PART 1</b> Psychosynthesis & Coaching: Theory	<b>PART 2</b> Psychosynthesis & Coaching: Application	<b>PART 3</b> Psychosynthesis & Coaching: Practice
<b>April 21 - 23, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, April 21 9:00 am - 6:30 pm      Saturday, April 22 9:30 am - 3:30 pm      Sunday, April 23	<b>August 4 - 6, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, August 4 9:00 am - 6:30 pm      Saturday, August 5 9:30 am - 3:30 pm      Sunday, August 6	<b>Dec 1/2, 2017: Weekend Workshop</b> 6:00 pm - 9:00 pm      Friday, Dec 1 10:00 am - 5:00 pm      Saturday, Dec 2
<b>May 5 - 7, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, May 5 9:00 am - 6:30 pm      Saturday, May 6 9:30 am - 3:30 pm      Sunday, May 7	<b>October 6-8, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, October 6 9:00 am - 6:30 pm      Saturday, October 7 9:30 am - 3:30 pm      Sunday, October 8	<b>Jan 13, 2018: Weekend Workshop</b> 10:00 am - 5:00 pm      Saturday, Jan 13 <b>Feb 10, 2018: Weekend Workshop</b> 10:00 am - 5:00 pm      Saturday, Feb 10
<b>June 9 - 11, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, June 9 9:00 am - 6:30 pm      Saturday, June 10 9:30 am - 3:30 pm      Sunday, June 11	<b>Nov 10 - 12, 2017: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, Nov 10 9:00 am - 6:30 pm      Saturday, Nov 11 9:30 am - 3:30 pm      Sunday, Nov 12	<b>March 23-24 2018: Weekend Intensive</b> 6:00 pm - 9:00 pm      Friday, March 23 10:00 am - 5:00 pm      Saturday, March 24
<i>Between Sessions, participants will complete practicum and individualized guided learning for a total of 60 hours of Part 1 training time.</i> Please note Dates & Times subject to change.	<i>Between Sessions, participants will complete practicum and individualized guided learning for a total of 60 hours of Part 2 training time.</i> Please note: Dates & Times subject to change.	<i>Between Sessions, participants will complete practicum and individualized guided learning for a total of 30 hours of Part 3 training time.</i> Please note: Dates & Times subject to change.



# Psychosynthesis Coach Training: Theory, Applications & Practice

Psychosynthesis theory offers many applications for coaching practice in a wide variety of realms, including:

- Life Coaching
- Career Coaching
- Business & Executive Coaching
- Expressive Arts
- Somatic Experience
- Education
- Eco-psychology
- Leadership Development
- Creativity Coaching
- Mindfulness & Contemplation
- Yoga Teaching & Coaching
- Group Coaching
- Spiritual Direction & Practice
- Health & Healing
- Performance Coaching



Psychosynthesis coach training offers opportunities to enhance personal, as well as professional growth and development. Psychosynthesis is more than a theory of the psyche and human potential, it is a process that must be lived and practiced to be fully realized so that we might become all we may be.

*“Psychosynthesis offers tools for many purposes: embracing opposed parts of our inner worlds, enriching each other with our differences, making groups and organizations function with greater purpose, and enjoying a respectful interchange with the world that envelops us.”*

~ The Association for the Advancement of Psychosynthesis

## Psychosynthesis Training Theory, Application & Practice Core Resources



**Molly Young Brown**

★ Unfolding Self:  
The Practice of  
Psychosynthesis



**Piero Ferrucci**

★ What We May Be:  
Techniques for Psychological  
and Spiritual Growth  
Through Psychosynthesis



**Robert Assagioli**

★ The Act of Will

## Psychosynthesis Applications and Practice Faculty



**SARA VATORE, M.ED**

Sara is a Psychosynthesis trained Life Coach/Guide, Somatic Educator, Embodiment and Movement Coach, Certified Nia White Belt Instructor, and Peak Performance Coach. She is passionate about educating coaches & healing professionals about the nervous system & its functioning in order to assist in moving toward synthesis and wholeness.  
<http://SaraVatore.com>



**SAKURA NIMURA, M.A.**

Sakura is a transpersonal psychology practitioner specializing in psychosynthesis coaching, mindfulness coaching, hypnotherapy, & dreamwork. Sakura is also a columnist, and writes about spiritual healthcare for the Japanese web magazine mylohas.  
<http://www.impossiblethingscoaching.com/home-1>

See our website for information about additional Visiting & Guest Faculty, as well as specialized, optional sessions,

# Synthesis San Francisco: Program Details

## Psychosynthesis and Related Theory and Application

*Psychosynthesis training draws on the rich theory and tradition of psychosynthesis. It also draws on allied transpersonal approaches and supportive traditional views to enhance its comprehensive nature.*

PART 1 Psychosynthesis & Coaching: Theory	PART 2 Psychosynthesis & Coaching: Application	PART 3 Psychosynthesis & Coaching: Practice
<p style="text-align: center;"><b>Psychosynthesis Theory</b></p> <ul style="list-style-type: none"> <li>• Transpersonal Maps &amp; Models</li> <li>• Aspects &amp; nature of the psyche</li> <li>• The nature of "I": Awareness &amp; Will</li> <li>• Sub-personality theory &amp; application</li> <li>• Identification/Dis-identification</li> <li>• Principles of synthesis</li> <li>• Will &amp; the Act of Will</li> <li>• Higher Self &amp; the Transpersonal Will</li> <li>• Dimensions of growth</li> <li>• Qualities, blocks &amp; emerging purpose</li> <li>• Psycho-spiritual Developmental Models</li> <li>• Purpose, Meaning and Values</li> <li>• Stages of self-realization</li> <li>• Dynamics of the unconscious</li> <li>• Presence and the synthesis of polarities</li> <li>• Psychological functions: intuition, thought, imagination, feeling, impulse, &amp; sensation.</li> </ul> <p style="text-align: center;"><b>Co-Guiding Practice</b></p> <p>Opportunities to apply theory through co-coaching practice with technique being secondary to the development of presence in the coach.</p> <ul style="list-style-type: none"> <li>• Micro Coaching Techniques</li> <li>• Support of purpose and traveler</li> <li>• Call of Self</li> <li>• Eliciting purpose and will alignment</li> <li>• The process of psychosynthesis work</li> <li>• Session dynamics</li> <li>• Bi-focal vision</li> <li>• Affirmation</li> <li>• Work with the "I"</li> <li>• Wise being &amp; transpersonal guidance</li> </ul>	<p style="text-align: center;"><b>Guiding/Coaching Application</b></p> <p>Psychosynthesis guiding, in all helping relations, emphasizes the role of the guide's presence and quality of being.</p> <p>The guiding process is considered to be co-created, unique to each situation and ultimately guided by the purpose of the client in his or her life's unfolding.</p> <p>This process of guiding, is both a professional orientation for those in all helping relationships and a life practice,</p> <ul style="list-style-type: none"> <li>• Personal (guide's) psychosynthesis</li> <li>• Goodness of Fit</li> <li>• Understanding ethical guidelines</li> <li>• Being in the I-Thou relationship</li> <li>• Transference, countertransference and authenticity</li> <li>• Intervention strategies</li> <li>• Social and Global concerns</li> </ul> <p style="text-align: center;"><b>The Role of the Guide</b></p> <ul style="list-style-type: none"> <li>• Somatic Awareness</li> <li>• Work with varying populations</li> <li>• Assessment/screening skills</li> <li>• Supervision, referrals, team approaches</li> <li>• Populations: from one on one, to group, to business orientation</li> <li>• Qualities of self (guide's)</li> <li>• Goal/Action Strategies</li> <li>• Formats, professions and roles in psychosynthesis guiding</li> </ul>	<p style="text-align: center;"><b>Practice Technique &amp; Applications</b></p> <p>The role of the guide varies in different fields of application. For those practicing in any specific field (counseling; psychotherapy; coaching; pastoral work; education; medicine; energy healing; body work, and more) the teaching methodology of the program orients towards applications in the one on one helping relationship, applicable to all fields.</p> <p>Defining coaching as a field and applying psychosynthesis to chosen profession/ practice.</p> <ul style="list-style-type: none"> <li>• Unique applications</li> <li>• Building a professional Identity</li> <li>• Promoting one's own work</li> </ul> <p style="text-align: center;"><b>Techniques and Strategies</b></p> <p>Technique is part of the creative edge of counselor self-creation. Along with active development of presence, technique practice can include:</p> <ul style="list-style-type: none"> <li>• Guided imagery</li> <li>• Body awareness and intervention</li> <li>• Subpersonality integration</li> <li>• Autobiography</li> <li>• Will work</li> <li>• Expressive techniques</li> <li>• Eliciting purpose</li> <li>• Dream work</li> <li>• Stress Reduction</li> <li>• Meditation</li> <li>• Grounding &amp; homework</li> </ul>

**Certification:** Each part of our training leads to **Psychosynthesis Life Coach Certification**, as well as the nationally accredited **Board Coach Certification**, for those who meet other criteria (BA, BCC test).

*Advanced Training & additional individualized study is available.*

Each level of training offers a **Certificate of Completion**: includes resources in preparation for the BCC exam.

**See our website for more about the CCE - Board Certification requirements.**



## **Professional Coach Training Program: Application Process**

*Applications are now being accepted for the Inaugural Psychosynthesis Coach Training Program at Synthesis San Francisco, beginning in April 2017.*

### **The Program Application process steps:**

**Step 1.** Completion of a program application form which includes work and education history.

**Step 2.** Completion of personal statement.

**Step 3.** An interview with one or more Senior Faculty.

**Step 4.** Completion of Scholarship and work-study Applications, if applicable:

*Scholarship/work-study applications need to be submitted at the time of program application, and will be considered separately, upon acceptance into the program.*

### **Priority Admission**

- a) Applications with **Priority Admission** acceptance will be received through **March 25, 2017** including applicable Scholarship/Work-Study Applications.
- b) Applications will be reviewed and interviews arranged in order of receipt and acceptance notification will be sent in order of completed applications/interviews.
- c) If accepted into the program, a full, non-refundable deposit of \$250 (which will be applied to your total tuition) must be received **upon enrollment** to secure your place.
- d) Payment of full tuition for standard admission includes a 10% reduction when paid by **March 30, 2017**

**Contact us: [Admissions@SynthesisCenterSF.com](mailto:Admissions@SynthesisCenterSF.com) to receive a full application package.**

***There are a limited number of places available for the training program.***

***Apply early to have admission priority.***

Acceptance notification will be sent in order of completed applications/interviews.

***Applications will be accepted after March 25, 2017 available program spots permitting.***

***Program spaces are limited. When enrollment is filled, remaining applications will be placed on a wait list***

***Applicants will be contacted if and when a place opens.***

## **Professional Coach Training Program: Tuition**

### **TUITION**

*inclusive for the Full 3-Part Program:*

*all sessions, books, materials, in-person and online meetings, co-coaching sessions and faculty support.*

**Extended Early Admission/Acceptance Program Tuition** **\$7425**  
**for enrollment by February 28, 2017**

*20% Tuition Discount when Paid in Full upon Enrollment by March 15, 2017*

*includes \$250 non-refundable deposit upon enrollment*

**Enrollment by March 25, 2017**

*10% Tuition Discount when Paid in Full*

*includes \$250 non-refundable deposit upon enrollment*

**Standard Program Tuition - for Admission/Acceptance after March 25, 2017** **\$8250**

*10% Paid in full upon enrollment by March 30, 2017*

*Includes \$250 non-refundable deposit upon enrollment*

*Tuition payment can be made by cheque, debit or credit card, PayPal.*

### **TUITION BY INSTALLMENT**

**Program Tuition by Installment:**

**Monthly Installments**, includes a \$250 non-refundable deposit upon enrollment and an additional \$250 administrative fee, which can be paid upon enrollment or pro-rated to monthly tuition installment.

**Paid in 3 installments**, includes a \$100 administrative fee pro-rated over three payments.

*First Installment paid in full by March 30, 2017*

*Second Installment paid in full by June 30, 2017*

*Third Installment paid in full by October 30, 2017*

### **SCHOLARSHIPS AND WORK-STUDY**

*We are seeking to build, support and grow an engaged and diverse psychosynthesis coaching community in the Bay Area and encourage qualified applicants regardless of ability to pay full tuition.*

*We are offering full and partial Scholarships and Work-Study Options  
for all interested applicants requiring tuition assistance.*

*Contact us for your Application Package:  
email us at: [Admissions@SynthesisCenterSF.com](mailto:Admissions@SynthesisCenterSF.com)*

## Professional Coach Training Program: FAQ

**Who Can Apply?** Synthesis San Francisco is seeking to build a diverse community of coaches, practitioners and trainers from a variety of backgrounds, disciplines and fields of interest.

We welcome aspiring coaches and individuals with or without previous coaching or psychosynthesis background, training or experience.

We also encourage those who already have a coaching or counseling practice and want to incorporate Psychosynthesis in their work.

Additionally, our program will appeal to licensed practitioners, counselors and psychotherapists, who want to develop coaching skills, and/or pursue formal credentialing as a Board Certified Coach.



**What is Board Certification?** Our Professional Coach Training in Psychosynthesis is offered in collaboration with and through *The Synthesis Center*, based in Amherst, Mass. *The Synthesis Center* is accredited by the *Center for Credentialing and Education (CCE)* to be a provider of Board Certified Coach (BCC) training in Psychosynthesis.

Graduation from our training means you have completed the 125-hour educational requirement, and any additional coaching hours you may accumulate through our practice component.

Certification through CCE requires verification of coaching hours and the successful completion of the BCC exam. Any additional coaching hours required for certification will vary by participant, based on education and professional experience. Exam and certification fees are paid directly to CCE. These total \$508 with an annual maintenance fee of \$40.

The Board Certified Coach credential solidifies your professional identity and BCC certification demonstrates that a professional coach has:

- Met educational and training requirements
- Passed a psychometrically sound coach-specific examination
- Obtained experience in the field of coaching
- Professional peer references
- Accountability to an enforceable ethics code
- Commitment to continuing education



**Where is the Program Held?** The majority of our in-person training weekends will be held in San Francisco's Portrero Hill neighborhood, conveniently accessible by public transit and with available parking for those traveling by car. Some training events may be held at alternative locations, all readily accessible by public transportation, near Union Square in San Francisco's Financial District.

Teleconference and video meetings will also be offered to enhance and supplement weekend intensives and where you can learn, engage and practice from the comfort of your own chosen space.

**Contact Us or Visit Our Website to Learn More**